



## Enfield pupils compete with market traders selling organic veg

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**MARKET traders faced fierce competition from a group of students selling organic produce grown on site at their Enfield school.**

Seven pupils from Durants for young people with autism took turns in manning the stall at Enfield Market, in Church Street, yesterday (Thursday) selling a range of fresh vegetables to customers.

The practical activity was part of a project called Know Your Onions aimed at encouraging young people to learn about growing food, cooking healthy meals and selling their produce.

The initiative run by charity School Food Matters also aims to promote healthy eating to tackle childhood obesity.

Pupils aged 17 to 19 sold beetroot, lettuce, carrots, mint and courgettes which they had been busy growing at their school, in Pitfield Way, since the spring with help from TV gardener Chris Collins from Blue Peter.



Students from Durants selling organic vegetables at Enfield Market

ADVERTISING

"To be able to support schools and connect them with their local market is important and sits nicely with the education and community grants the Trust awards," said Susan Foss, Deputy Trust Manager, Enfield Market.

"Hopefully the children had an enjoyable day on the market and in years to come will be telling their grandchildren how they once had a stall in Enfield Market".

Students from Nightingale Academy, in Turin Road, Edmonton and Enfield Grammar School, in Market Place, have participated in the food growing project.

"More than anything, Know your Onions gives the students confidence and opportunities they wouldn't otherwise get," said Frances Sutherland, Durants' Head of Upper School.