



Students bring back fruit and veg to Inverness Street Market

Blue Peter garden helps pupils with school vegetable patches

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FOR more than 100 years, Inverness Street was home to one of north London's busiest and best fruit and veg markets.

And echoes of its glorious past rang out this week as secondary school students from Acland Burghley, La Sainte Union and the UCL Academy set up stalls to sell produce they have grown in their school gardens this year.

The pupils have been part of a food education project organised by charity School Food Matters. With the help of Blue Peter TV gardener Chris Collins, the students have transformed areas of their schools into vegetable patches – and sold off surplus veg to raise funds for more seeds, gardening and cookery equipment.

Year Nine LSU student Lucy Sheikh said: "I would love to do this again next year. We're thinking of selling more fruit, and smoothies as well."

School Food Matters project manager Dela Foster added: "This project is about reconnecting young people with a fundamental part of life – where food comes from, how it is grown and how it is cooked. Whilst diet-related diseases, such as obesity, are reaching crisis levels in UK, we must help our children not only to take an interest in food, but learn how much fun can be had from growing and cooking their own food."